



Session 1 Joy and Triumph of Singing Scripture

I. WHAT GOT ME STARTED RECORDING SONGS?

By Wes Michael Gorospe

Back in 2000, I had written a song from John 14:26-27

“The counselor, the Holy Spirit, whom the Father will send in My name, will teach you all things, and will remind you of everything I’ve said to you.

Peace I leave with you; My peace I give to you; not as the world gives do I give to you; don’t let your hearts be troubled and do not be afraid.”

I sang this song at a Wednesday night bible study...it was no big deal. One year later, at a women’s meeting, a woman came up to Lynn and she said, “Aren’t you Wes’ wife? He shared a song that has sustained me for a whole year, as I battled through some trials.”

When Lynn came home and told me that, she said, “you need to record that song,” but I didn’t feel that it was good enough to record. But I made an appointment with my friend, Tim, at his studio, and he helped me enhance the song and make a recording of it...that was the 1st of 31 songs recorded on 3 CD’s that are now on iTunes, YouTube, Amazon...etc.

I had a poor opinion of my music ability, but God wanted me to sing out...to step out in faith.

II. THE JOY AND TRIUMPH OF SINGING THE WORD EXPLAINED

Jesus was a joyous, triumphant overcomer! We all want to live lives full of joy and triumph. But it can be frustrating and discouraging when:

joy comes and goes, or maybe never comes

or, being an overcoming and triumphant one seems like a distant dream.

Much of the time, the main obstacle keeping us from joy and triumph is OURSELVES, and in particular...our TONGUE.

James 3:6,10 “and the tongue is a fire, a world of iniquity. The tongue is so set among our members that it defiles the whole body, and sets on fire the course of nature; and it is set on fire by hell. Out of the same mouth proceed blessing and cursing. my brothers, these things ought not to be so.”

PERSPECTIVE

When Jesus sacrificed Himself for us, He triumphed over everything, every evil...He took the devil’s authority away from him, leaving him powerless. After He rose from the dead, Jesus said, ***“All power has been given to ME...” Matthew 28:18: “And Jesus came and spoke to the disciples, saying, All authority has been given to me in heaven AND on earth.”***

Then Jesus did a remarkable thing; He gave all the power/authority, over the devil, to us who believe.
Luke 10:19: “Behold, I give you authority to trample on serpents and scorpions, and over all the power of the enemy, and nothing shall by any means hurt you.”
He gave us permission to operate on the same level as Him.

Our problem is that:

1. We don't realize we have this authority.
John 14:12: “I tell you the truth, anyone who believes in me will do the same works I have done, and even greater works, because I am going to be with the Father.”
2. We haven't taken time to learn how to use the authority..
1 Cor. 12: “Now about spiritual gifts, brothers, I do not want you to be uninformed...”
3. We, all too often, give our authority back to the devil like Adam and Eve did in the garden. They had the run of the place until the devil lied, and tricked them into going against God.
John 10:10 “...the thief comes only to steal and to kill and to destroy...”
4. The only tool the devil has to work with is to lie to you about yourself, and get you to use your God given authority against yourself by cursing yourself with your tongue.
Proverbs 18:21 says; “death and life are in the power of the tongue, and they that love it will eat its' fruit.”

When you're walking in your authority, you're gonna want to sing...!!!

This is why we sing and record scripture songs; the benefits are enormous.

Psalms 107:20 “He sent His word and healed them and delivered them from their destruction.”

Romans 10:17 “Faith comes by hearing, and hearing by the Word of God.”

Jesus Himself IS the Word, so, by knowing the scriptures, you will know the Lord better.

John 1:1,14 “In the beginning was the Word, and the Word was with God, and the Word was God. The Word became flesh and made His dwelling among us. We have seen His glory, the glory of the one and only Son from the Father, full of grace and truth.”

2 Cor. 3:17 And where Jesus is, the Holy Spirit also is; “and where the Spirit of the Lord is there is liberty.”

So, with the tongue:

1. You can speak life and bless yourself, saying...”I am free; I am healthy; I am prospering” or
2. You can speak death and curse yourself, saying...”I'm always getting sick; I'll never get promoted; I'm always in debt; I hate the way I look; I can't seem to get anything right”.

Jesus said in Matthew 12:34, “Out of the abundance of the heart the mouth speaks,” and “by your words you will be justified or condemned.” Matthew 12:37

When you're joyful, you feel like singing...!!!

Words are very powerful, but THE WORD of God is the most powerful, and will produce the most powerful results; bring the most joy, the greatest triumphs.

Isaiah 55:11 “So shall my word be that goes forth from my mouth; it shall not return to me empty, but it shall accomplish that which I purpose, and shall succeed in the thing for which I sent it.”

We need to put the Word inside us:

1. ***Joshua 1:8: “Study this book of instruction continually...”***
2. ***Psalms 1: 2-3 “Think about it day and night, and you will prosper...”***
3. Believe it! ***Mark 9:23 “Anything is possible for the one who believes.”***
4. Act on it! SAY it! Then the Word will fill your heart and flow out of your mouth, and “Joy and Triumph” will follow shortly.

Mark 11:23 “For truly I say to you, whoever shall SAY to this mountain, be removed and cast into the sea; and shall not doubt in his heart but shall believe that those things which he SAYS shall come to pass; he shall have whatever he SAYS.”

You can't just know the Word intellectually by reading it.

James 1:25 “but the one who looks intently into the word of freedom, and continues to do so-not being a forgetful hearer, but an effective doer-he will be blessed in what he does.”

That's a good start, but you must dwell on it, meditation it, abide/live in it, ruminate on it like a cow chews a cud.

Psalms 1:2 “...delight in the law of the Lord, and meditate on it day and night...”

III. SINGING SCRIPTURE HELPS US CONNECT WITH GOD

(By Lynn Gorospe)

A. God created each of us with a unique voice. God loves the sound of your voice.

Zephaniah 3:17 says “He will rejoice over you with singing”.

1. If God is singing over us shouldn't we respond? We believe that God loves to hear our voices and spend time with us. He wants us to know how deeply He loves us. Our exhortation to you tonight is to sing the scriptures.
2. Singing the Word of God frees our mind to worship God with our heart & spirit. When we choose to focus our attention on Jesus; His love for us removes fear and doubt. Worship, including singing the scriptures; allows us to experience God's presence, hear God's voice, feel God's love in communion and fellowship, and have revelation of the Word of God. Experiencing God's presence strengthens our spirit and our soul and increases our faith. Music softens our heart creating an atmosphere for the Word to go deep. Singing Scripture overpowers negative thoughts and distractions; this prevents us from going down the path of fear, doubt and discouragement. Negativity cannot be in the same atmosphere as God's love and truth. The Word keeps us connected to the Lord especially during the storms of life.

Romans 10:17 NKJV “So then faith comes by hearing, and hearing by the Word of God.”

Romans 12:1-2 NKJV “...present your bodies a living sacrifice, holy, acceptable to God, which is your reasonable service. And do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what is that good and acceptable and perfect will of God”

Eph 5:18-19 NKJV “but be filled with the Spirit, speaking to one another in psalms and hymns and spiritual songs, singing and making melody in your heart to the Lord.”

B. Worship is our response to God’s magnificence and wonder but it is also a weapon of warfare. Singing the Word is a powerful tool. The Word of God is active, alive and powerful. The Bible describes singing as part of the military strategy. Remember, the adversary is still tempting us to worship him or not worship at all.

C. Pray & sing God’s promises. When you have a need, search the scriptures for the answer; then sing and pray those scriptures. In His presence we can agree with God’s Word and wisdom. Do we believe the Word of God? It’s important to trust God and His timing while we are waiting for our prayers to be answered. Be hopeful and expectant and wait on the Lord; the answer may come suddenly and in an unexpected way.

Zech 4:6 “...not by might nor by power, but by My Spirit, says the Lord of hosts.”

*Psalms 28:7 TPT “You are my strength and my shield from every danger.
When I fully trust in you, help is on the way.
I jump for joy and burst forth with ecstatic, passionate praise!
I will sing songs of what You mean to me!”*

Phil 4:6-7 “Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.”

IV. SINGING SCRIPTURE HELPS US MEMORIZE SCRIPTURE

A. Singing helps us memorize. Neuroscientists agree that singing (and repeating) information with a simple tune makes memorization easy. Teachers have been teaching children to sing their lessons to remember math facts, science facts, history facts, music and languages. The book of Psalms is a natural way to begin singing the scriptures because it is a book of poetry that David and the Levites sang. In the Psalms we find relatable circumstances, images and language to give voice to our feelings, sorrows, needs, our thankfulness, our joy, our trust and our victory.

Psalms 59:16 AMPC “But I will sing of Your mighty strength and power; yes, I will sing aloud of Your mercy and loving-kindness in the morning; for You have been to me a fortress and a refuge in the day of my distress.”

B. Singing helps to internalize the Word. Singing the Word helps us to remember the promises of God. We fill our heart and our mind with the truth and life-giving Word of God. We worship and pray with faith when our mind and heart agree with God's truth.

V. PHYSICAL BENEFITS OF SINGING

A. Some Physiological Effects of Singing

- Calming affects, lowers your stress level
- Strengthens your immune system
- Increases oxygenated blood which increases mental alertness and stamina
- Better circulation
- Improves and establishes neural pathways and increases neuroplasticity
- Enhances learning
- Releases endorphin, serotonin, oxytocin, and dopamine; the neurotransmitters that lift your mood, increase pleasure, love and bonding

B. Singing improves brain activity, memory, wellbeing and mood. Doctors now recommend music therapy to help stroke patients recover, to help patients with migraine headaches, depression and chronic pain.

1. "Sing For Your Brain" therapy is used by The Alzheimer's Society to maintain memory.
2. "Reminiscence Therapy" has been developed for those suffering with dementia. Research has discovered that playing and singing a person's favorite songs from their teenage years brings back memories and feelings of that era; which help them to recall and to have successful therapy sessions.
3. "Memory Cafés" are all over the world providing valuable and fun experiences for memory care.

VI. POWER OF SINGING SCRIPTURE

Imagine how powerful it is to sing the Word of God. Singing scripture connects the front, back and both sides of our brain, just like a helmet. Protecting our minds from the fiery darts of the enemy. So any negativity like fear, pride, comparison, offense, depression cannot interfere with the words you are singing. Just like Moses, the children of Israel, Deborah, David, Zephaniah and many more let's sing the scriptures and experience remarkable breakthroughs and blessings!

For more information about our "Songs of Scripture" Ministry visit
www.wesmichaelgorospe.com